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P R E S S R E L E A S E

MICROSOFT PRESENTS RCM TECHNOLOGIES WITH GENERAL MANAGER AWARD

Troy, MI – April 7, 2009 – RCM Technologies, Inc. (NASDAQ: RCMT) announced today it has won the General Manager award as part of Microsoft’s Heartland Area Partner Awards Program. RCM was chosen from an extensive field of Microsoft partners for delivering market-leading customer solutions built on Microsoft technology. The award was given to RCM for the first half of Microsoft’s fiscal year 2009 (July to December 2008).

The Microsoft Partner Awards Program recognizes Microsoft partners that have developed and delivered exceptional Microsoft-based solutions over the past year. The General Manager award recognizes exceptional fortitude and decision-making demonstrated by a partner in the region.

“Microsoft places a strong emphasis on the worth of our partners and, as a company, we want to highlight their commitment of delivering solutions and applications to customers,” said Mark Kornegay, Microsoft’s General Manager - Central Region Managed Partners, “The exceptional performance, tremendous contributions and outstanding achievements of our partners should be recognized over past quarters.”

Dale Mansour, RCM’s Vice President Enterprise Integration Solutions, commented: “We are especially pleased to be awarded this honor. We take great pride in our customer-centered approach that enables us to provide comprehensive technology solutions to virtually any industry.”

About RCM

RCM Technologies’ Enterprise Integration Solutions (EIS) business unit is one of the nation’s leading Microsoft® consultancy experts. As implementers of business solutions, RCM has transformed companies to make technology a catalyst in maximizing productivity and profitability for more than 35 years. With deep knowledge and experience in the latest Microsoft® systems and solutions, RCM helps companies design and implement truly revolutionary solutions that keep clients ahead of the competition. RCM provides its customers with experienced consulting services across all aspects of technology: application development, web development and design, team collaboration, portals, business intelligence, advanced infrastructure and mobility solutions.

RCM has offices located in major metropolitan centers throughout North America and has the capacity to reach customers on a global scale. For more information, go to www.rcmt.com and www.rcmt.com/eis.

The Statements contained in this release that are not purely historical are forward-looking statements within the Private Securities Litigation Reform Act of 1995 and are subject to various risks, uncertainties and other factors that could cause the Company’s actual results, performance or achievements to differ materially from those expressed or implied by such forward-looking statements. Forward looking statements include, but are not limited to, those relating to demand for the Company’s services, expected demand for our services and expectations regarding our revenues, the Company’s ability to continue to utilize goodwill, to continue to increase gross margins, to achieve and manage growth, to develop and market new applications and services, risks relating to the acquisition and integration of acquired businesses, demand for new services and applications, timing of demand for services, industry strength and competition and general economic factors. Investors are directed to consider such risks, uncertainties and other factors described in documents filed by the Company with the Securities and Exchange Commission.

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